

3 Ways to Prepare Your Parents to Move into a Senior Living Community





Giving your parents the care and attention they need as they get older can be difficult.

It might take time for you to process the idea of them moving out of their home and into a senior living community, but deep down you know it's for the best. You understand that living in a senior community can provide your parents with some much needed assistance while still allowing them to keep their independence. But it can be hard to prepare your parents for this big life change.

Here are three ways to prepare your parents to move into a senior living community.



1. Communicate

Communication is key when preparing your parents to move into a senior living community. It's best to start talking early and to be honest about the concerns you have for them. Doing research on different facilities and services available is also worth the time. This will help keep you informed and aware of what's out there so that you can be ready to answer any questions your parents may have.

The most important thing to remember is that this is a life-changing decision for your parents and it may take time for them to accept it, so it's okay and it's normal to revisit the conversation later down the road.



2. Understand What's Important

It's worth taking a closer look at some of the reasons why your parents may not want to move.

For example, they may have strong connections in their neighborhood, maybe they host their kids and grandkids often, or they may be very active in their local church. Whatever the reason is, it's something that matters deeply to them and you should definitely get to know and understand your parents' concerns. Once you understand this, it can be easier to find a senior community that can meet their needs.

P.S. Holly Hall is a great answer for all of the above concerns!

We are very accessible and centrally located in Houston (only 5 minutes from the Medical Center!). For those who are used to



frequent family visits, our doors are always open for family and friends to drop by and spend time together. We also provide apartments for their guests to stay in during their visits. And if your parents are active in their church, Holly Hall is the perfect Christian senior living community for them. We have Sunday-afternoon worship services offered by a wide variety of denominations in our historical Holly Hall Chapel.

When you show them a senior care community that meets their wants and needs, your parents will be able to have more peace of mind as they go through this major life transition.



3. Take a Tour

Tours are so important! Taking your parents on a tour can be one of the best ways to show them that senior living isn't just about sitting around and being bored.

Too often, our parents have the wrong idea of senior living - but when they are able to tour a facility, they can see that it's not at all how they had imagined it. Most residents are happy in their senior community and they enjoy living there. By bringing your parents in to see firsthand what it's actually like can make a huge difference.



That's it, it doesn't have to be hard!

For over 70 years, Holly Hall has provided a safe and supportive Christian senior living community, giving thousands of families relief in knowing that their loved ones will thrive!

Schedule a tour today, so you can stop worrying about your parents receiving proper care, and instead you can feel confident that your mom and dad are safe, happy, and thriving.

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